# Specialists in managing Congenital Anophthalmia & Microphthalmia

## Definition

From the Greek:

An: Absence + Ophthalmos: Eye = Absence of the eye. mikros = small ophthalmos = eye

#### CONGENITAL ANOPHTHALMIA

Absence of one or both eyes

Anophthalmía has been estimated at 0.2-0.3 per 10.000

Bírths.

bony orbital hypoplasia Microblepharon and facial asymmetry due to hemi facial microsomia. Close interaction between ophthalmologist and ocularist.

## Congenital MICROPHTHALMIA

- This eye abnormality arises before birth one or both eyeballs appear to be small.
- Children with congenital microphthalmia may also have other eye abnormalities

Microphthalmia occurs 1 in 10.000 births.

## MANAGING A UNILATERAL CASE OF CONGENITAL ANOPHTHALMIA (EARLY INTERVENTION)

MALE, BORN 9 JUNE 2015

DIAGNOSIS RIGHT CONGENITAL ANOPHTHALMIA

note that the volume of the eye is not similar and asymmetry of eyebrows is present.

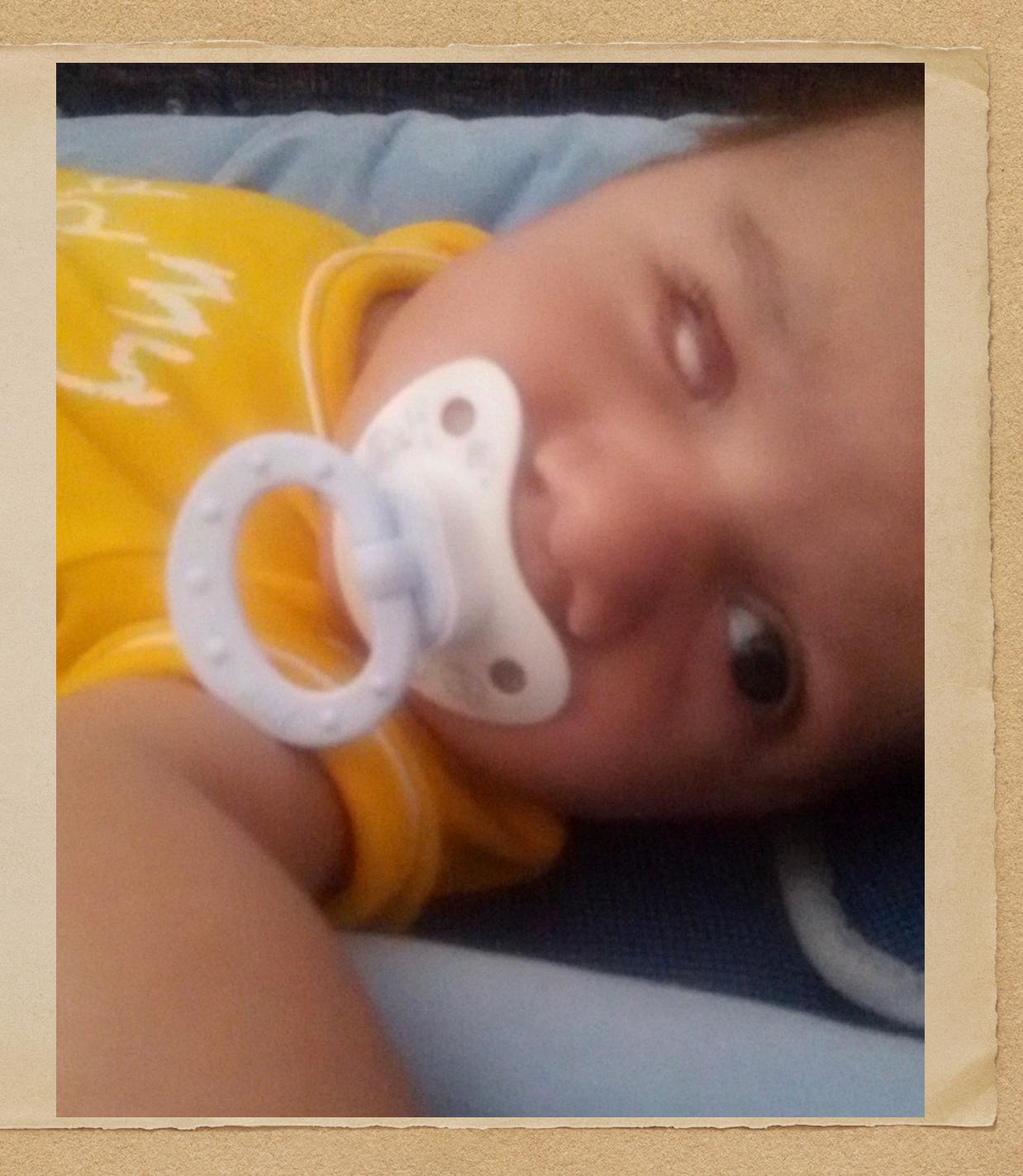


Step 1: fitted with hydrophylic expander.duration 3 days



Step 2: fitted with socket retainer duration 20 days

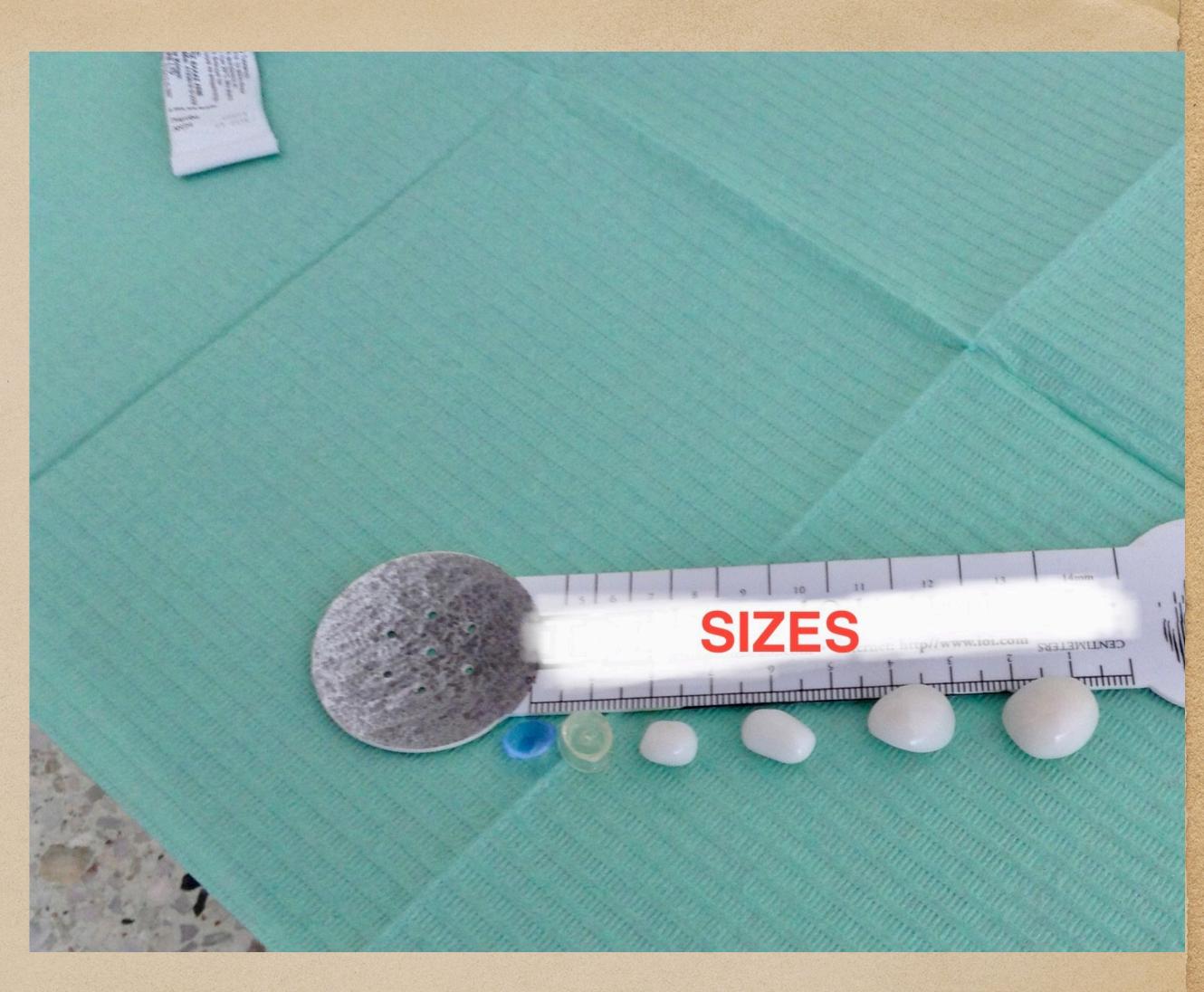




Topical anaesthetic eye drops are applied while examining the socket determining its depth and shape,

A socket expander whether solid or hydrogel of an appropriate size and shape is inserted and the eyelids are allowed to close gently.

Step 3 replaced by a larger socket retainer duration 20 DAYS





Step 4 impression of the socket taken







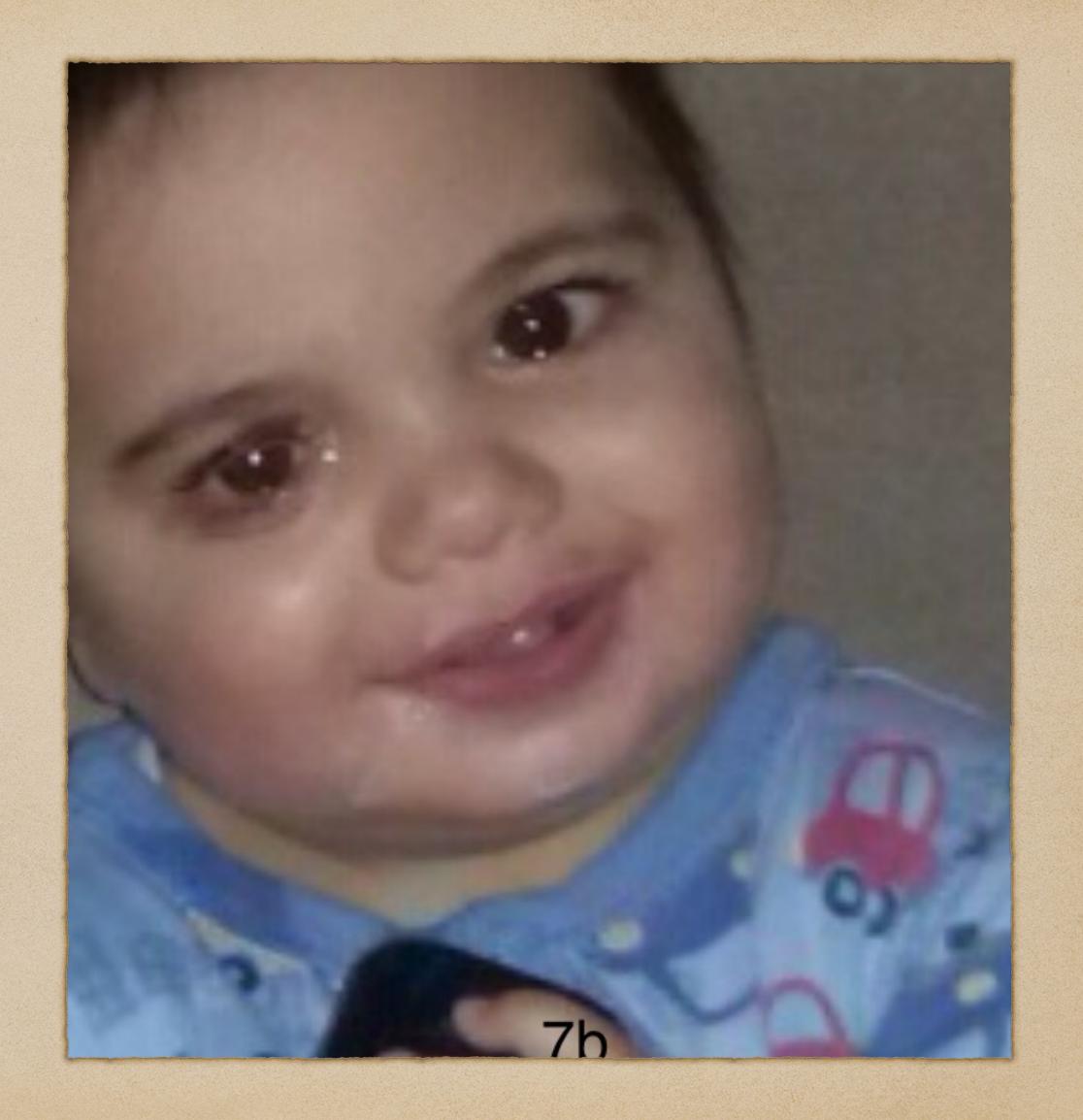


FIRST PROSTHESIS



GROWING with a larger prosthesis

Note eyebrows starting to look normal



At the age of 2 years, the mean horizontal eyelid length and the volume Increase.

no serious complications were encountered throughout the follow-up period that ranged from 1 month to 8 years.

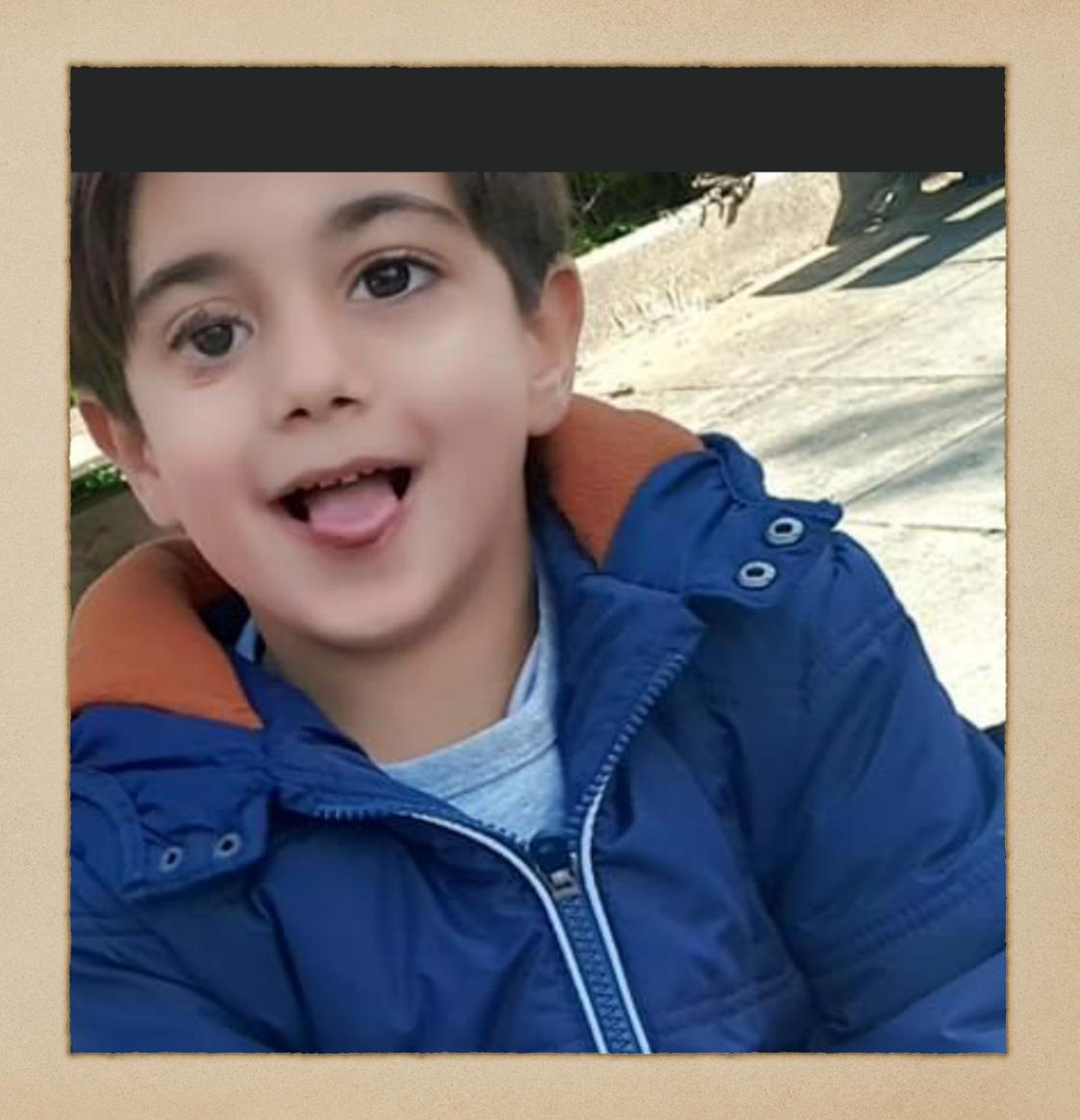
3 YEARS OF AGE



4 YEARS OLD



5 YEARS OLD



8 YEARS OLD







#### DO'S AND DONT'S

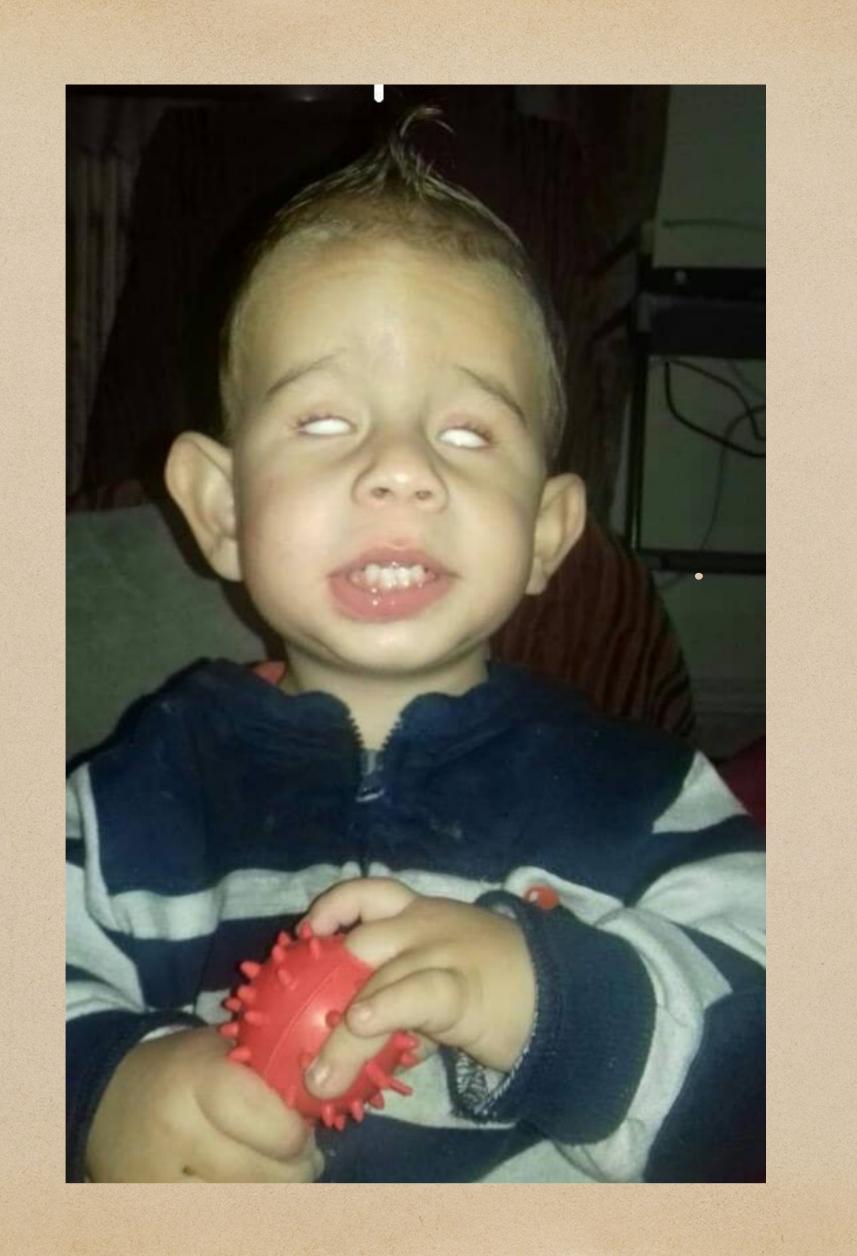
Don't design the socket for the device

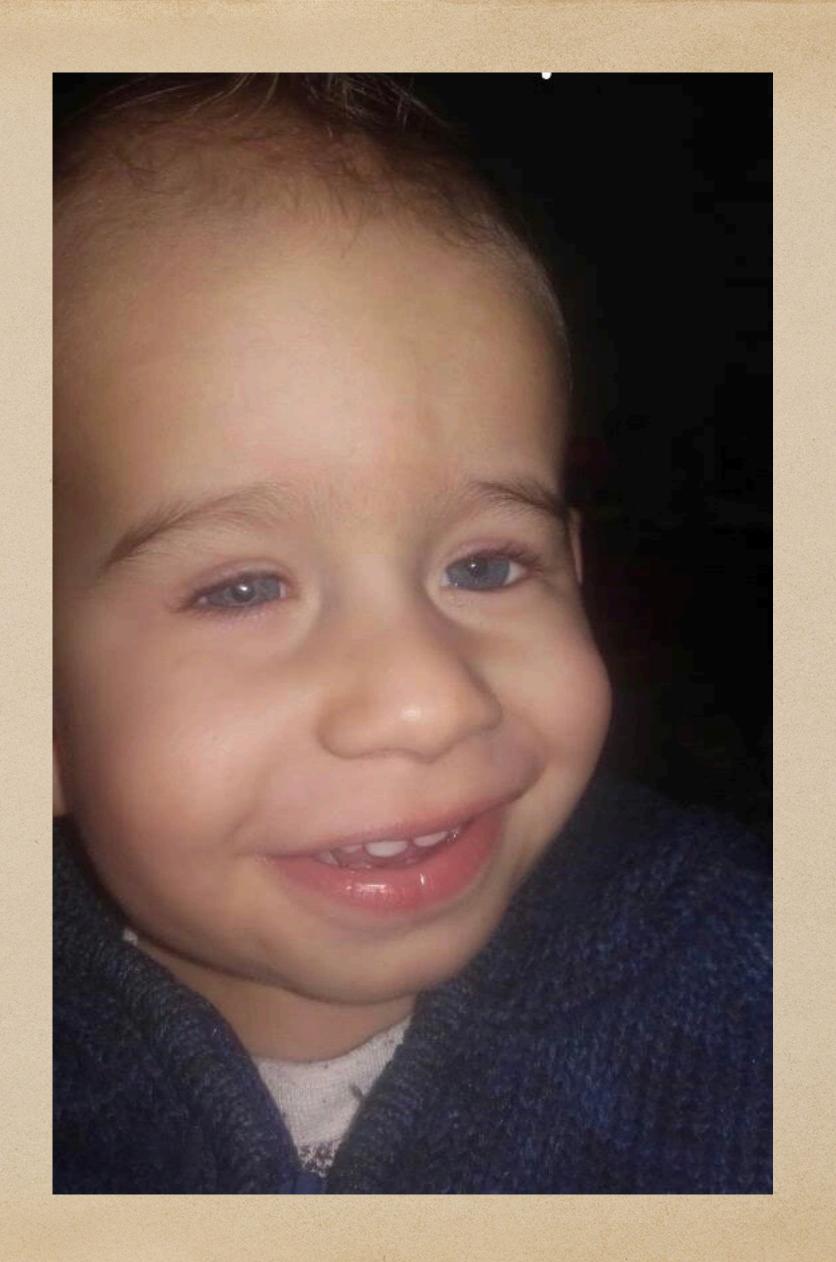
Do design the device for the socket

## MANAGING A BILATERAL CASE (EARLY INTERVENTION) Date of birth June 2019









## MANAGING A BILATERAL CASE OF CONGENITAL ANOPHTHALMIA (LATE INTERVENTION)

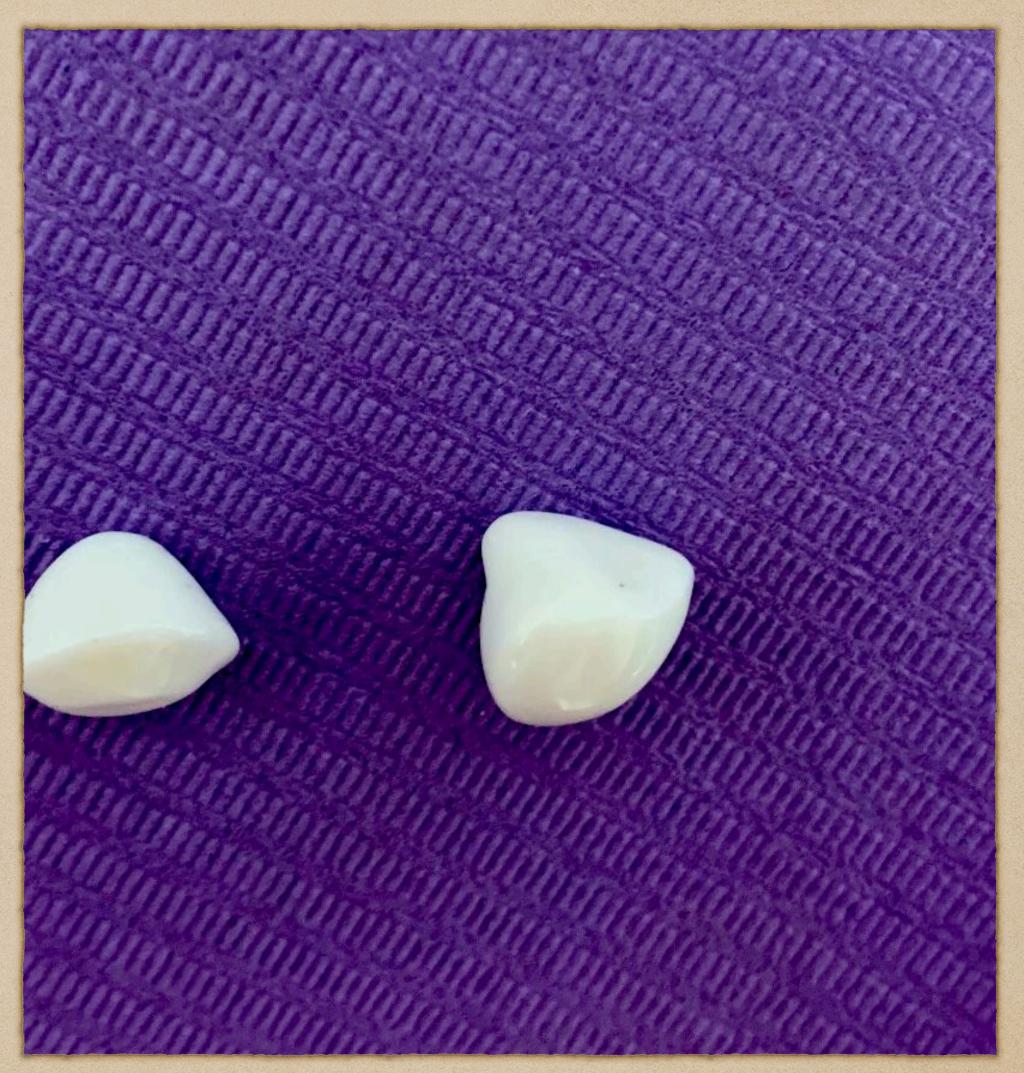
### DATE OF BIRTH JANUARY 2015

Child was brought for treatment in 2018 at the age of 4.

In this case an impresion of the sockets was taken.

Cone shapes.

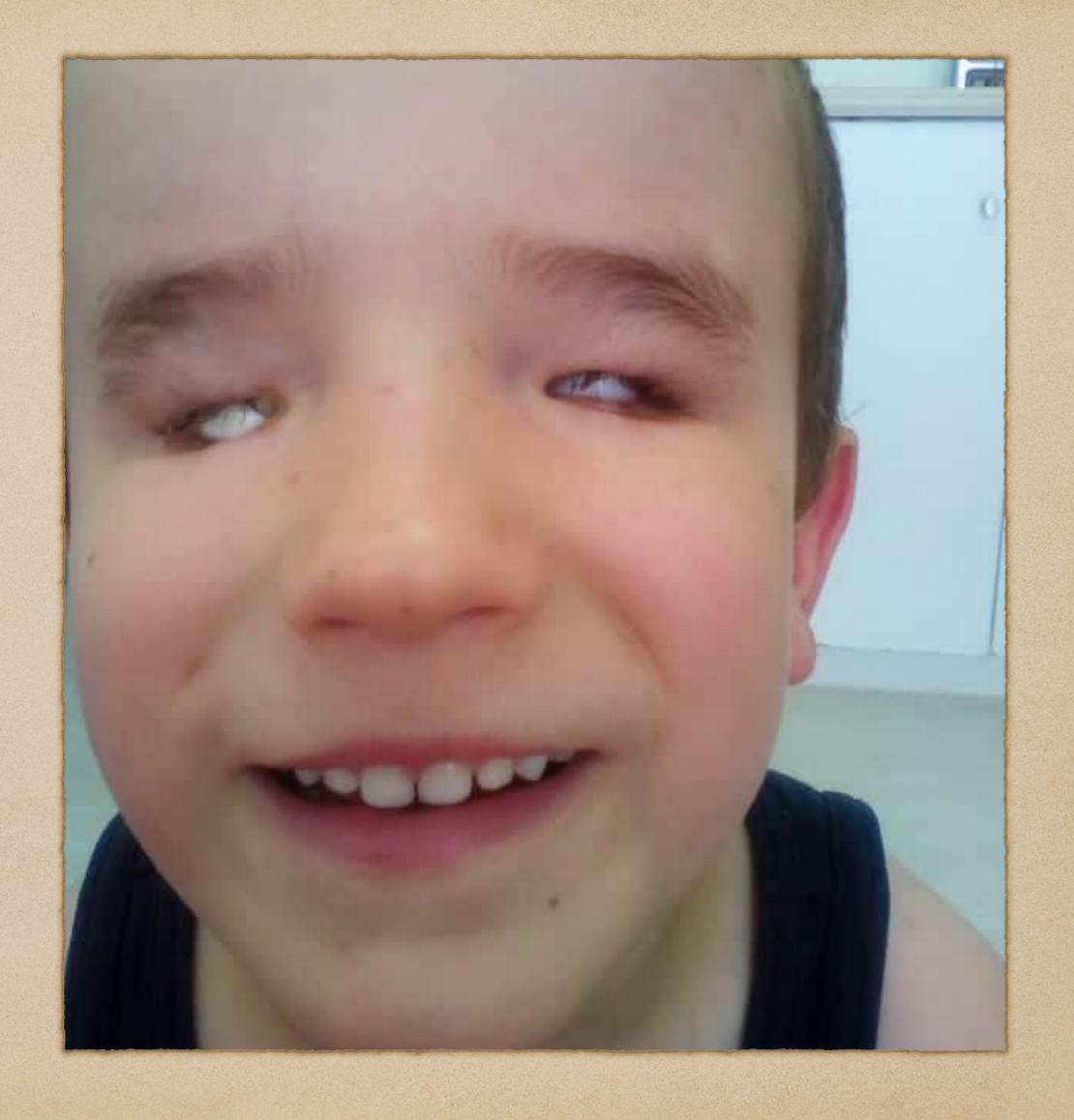
In late intervention there are hardly any fornices this makes it very difficult To hold the retainers in place, thus the cone shaped expanders are very helpful.



VERY SHALLOW FORNICES



Note as soon as the expanders were placed the change and improvement of the eyebrows is very clear.



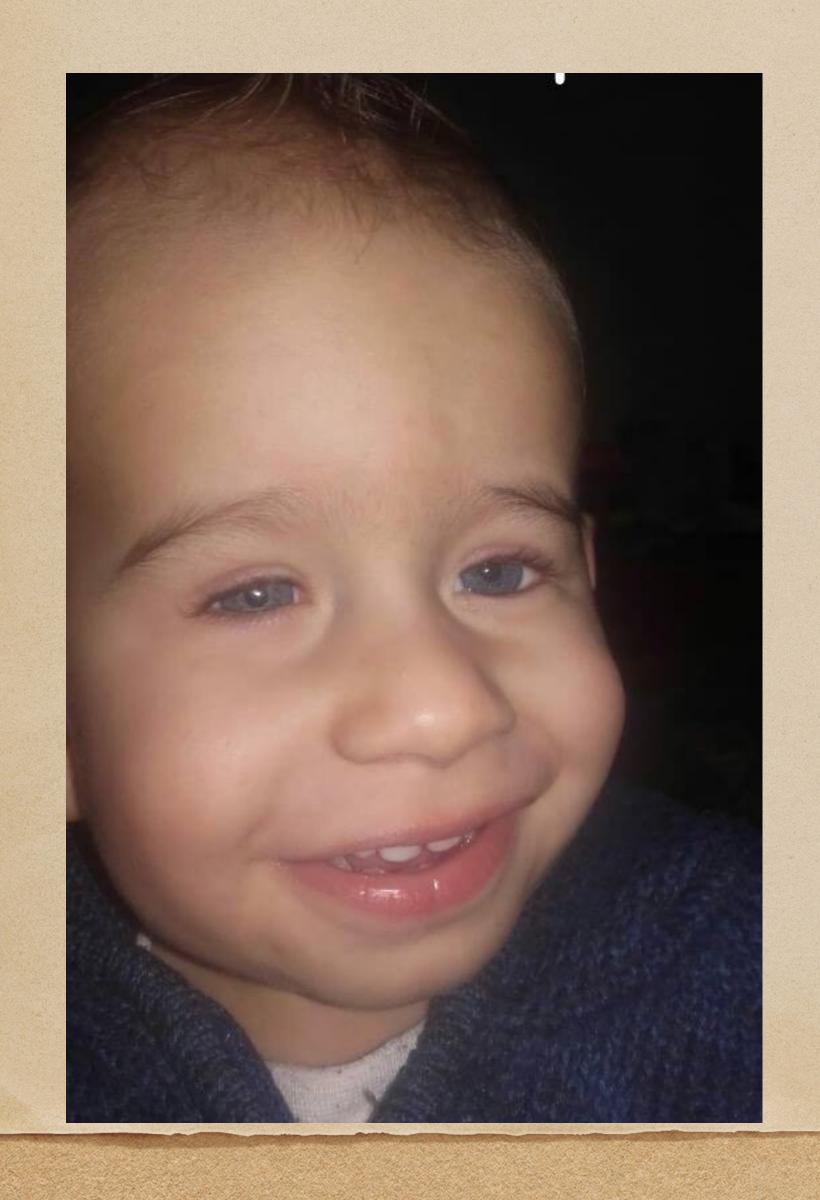
Fornices starting to develop.



Child wearing his prosthesis



## EARLY INTERVENTION VS LATE INTERVENTION





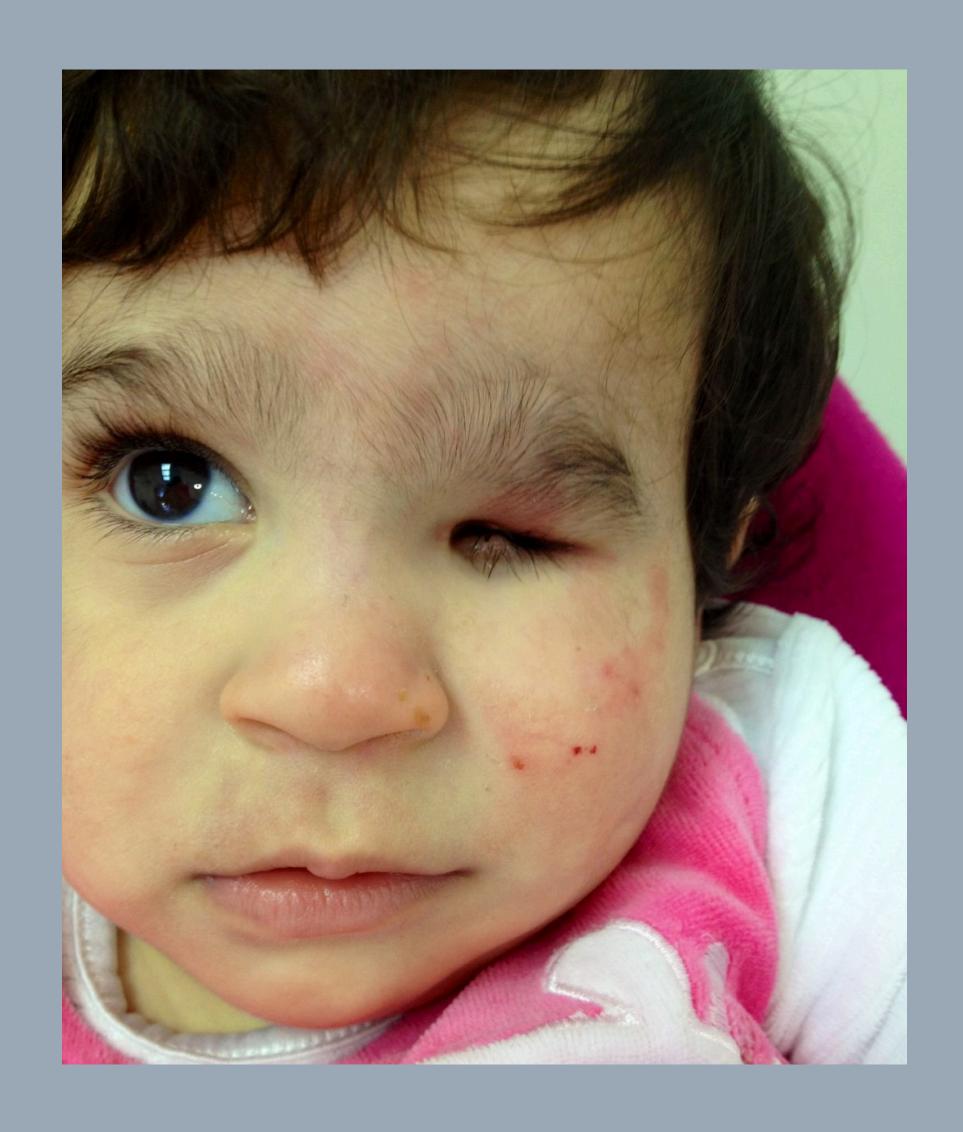
## Tiny orbit & Tiny socket Horizontally and vertically

#### START EARLY

The growth of the affected orbit slows down by 3 years of age. Therefore, intervention therapy before 3 years of age is critical.

The purpose is to gain soft tissue socket expansion in young children with simple methods in an examination room as to avoid hospitalisation and general anaesthetic.

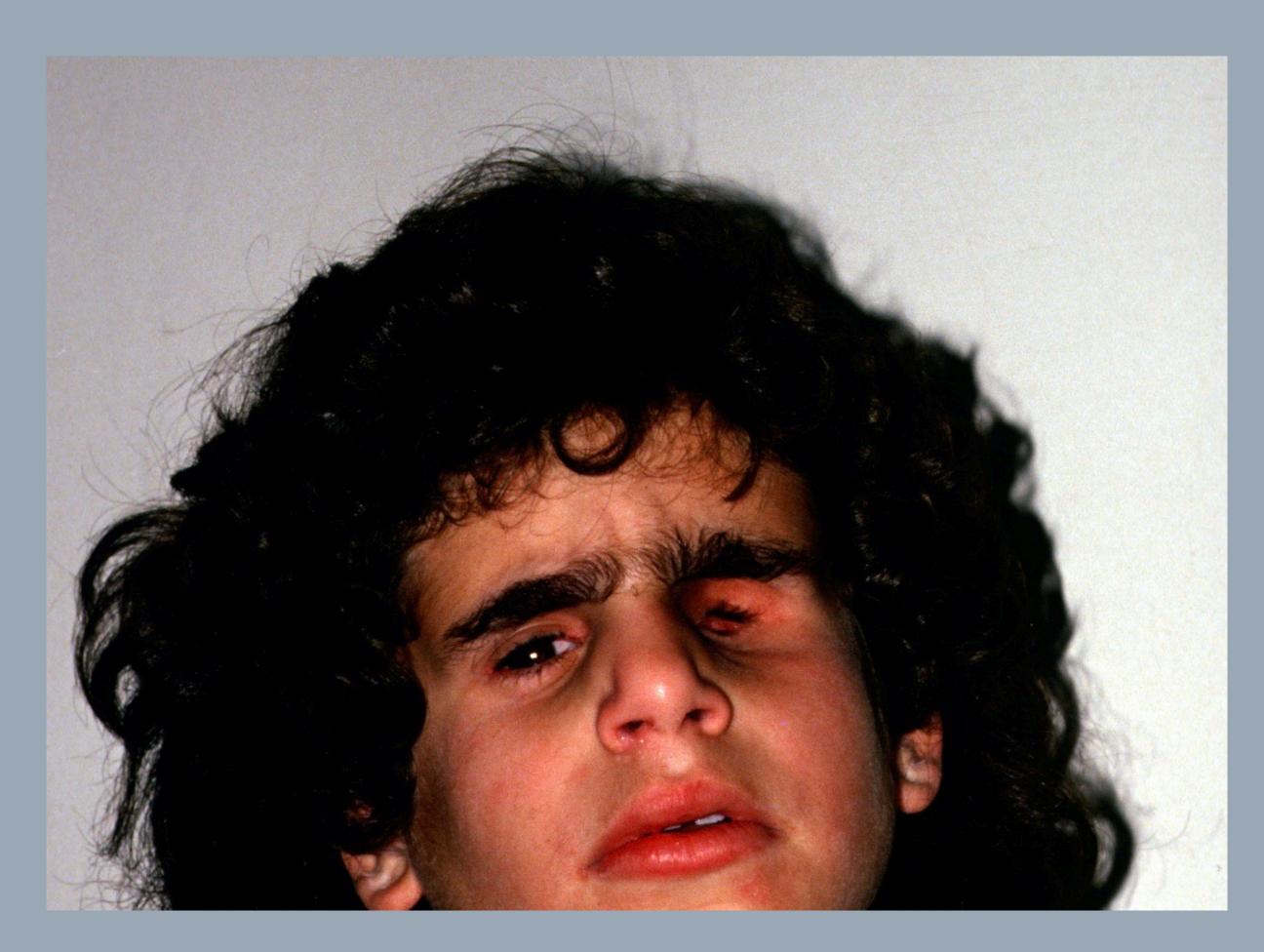
## NEGLECTED CASES











## Early active conservative treatment"

Without intervention, the socket and lids remain underdeveloped and the ability to

wear

a prosthesis in later life is compromised

Neglected cases could lead to abnormal growth of both bone and eyelid.



Follow-up could prevent massive contraction of sockets and orbits.

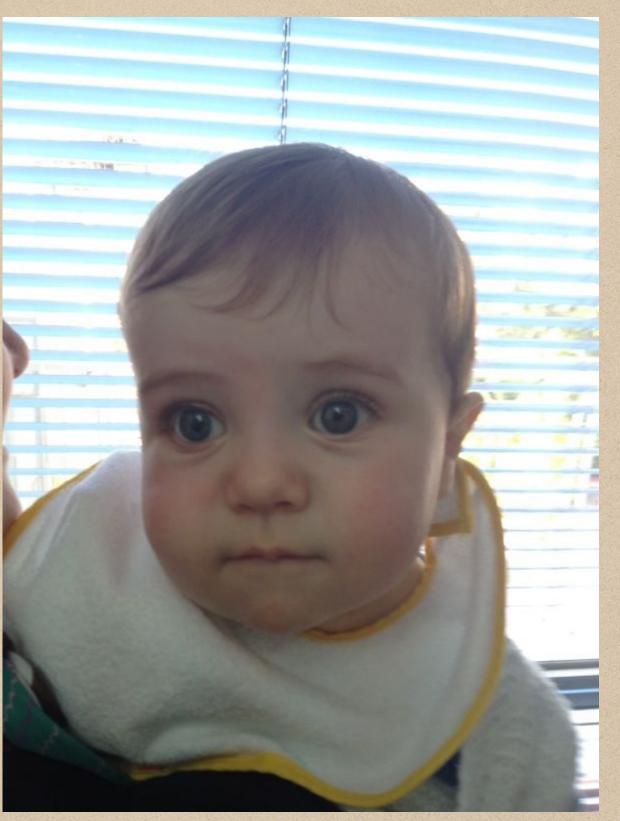
In unilateral cases, the asymmetry becomes more pronounced as the child grows.

The cosmetic deformity that can ensue without intervention can lead to marked difficulties with social interaction.



With appropriate treatment the cosmetic outcome is greatly improved.





A prosthesis is NOT a cosmetic device its a functional appliance it supports the tissues and in some ways acts like a splint keeps tissues under tension -preserves elasticity.

## Microphthalmia,

Where the microphthalmic eye has an axial length of less than 16 mm

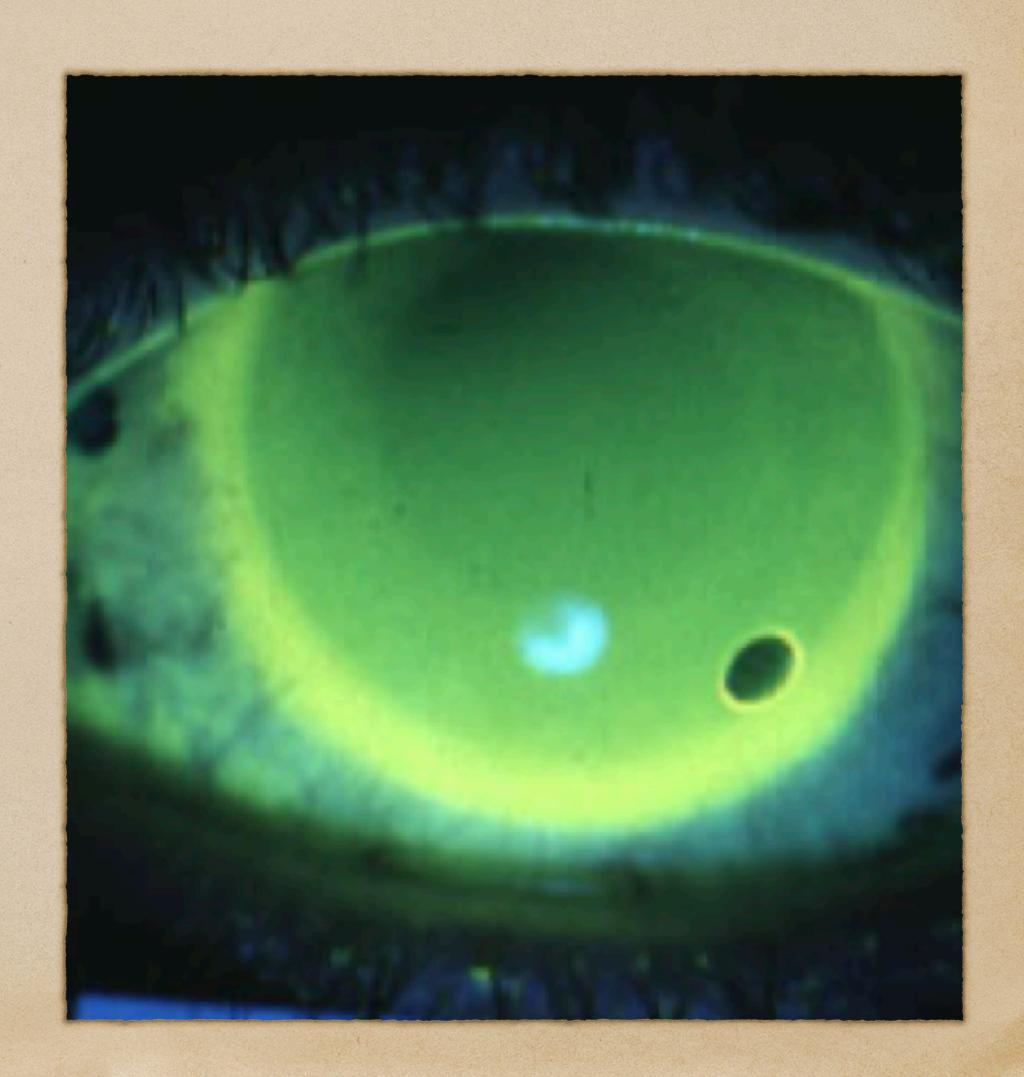
(Collin, unpublished observation), it is unlikely to promote normal orbital growth alone and it is therefore necessary to increase the socket volume early on to prevent asymmetry becoming more pronounced

as the child grows. In this situation, a custom-made cosmetic shell can be fitted over the microphthalmic eye or ocular remnant to promote orbital growth.



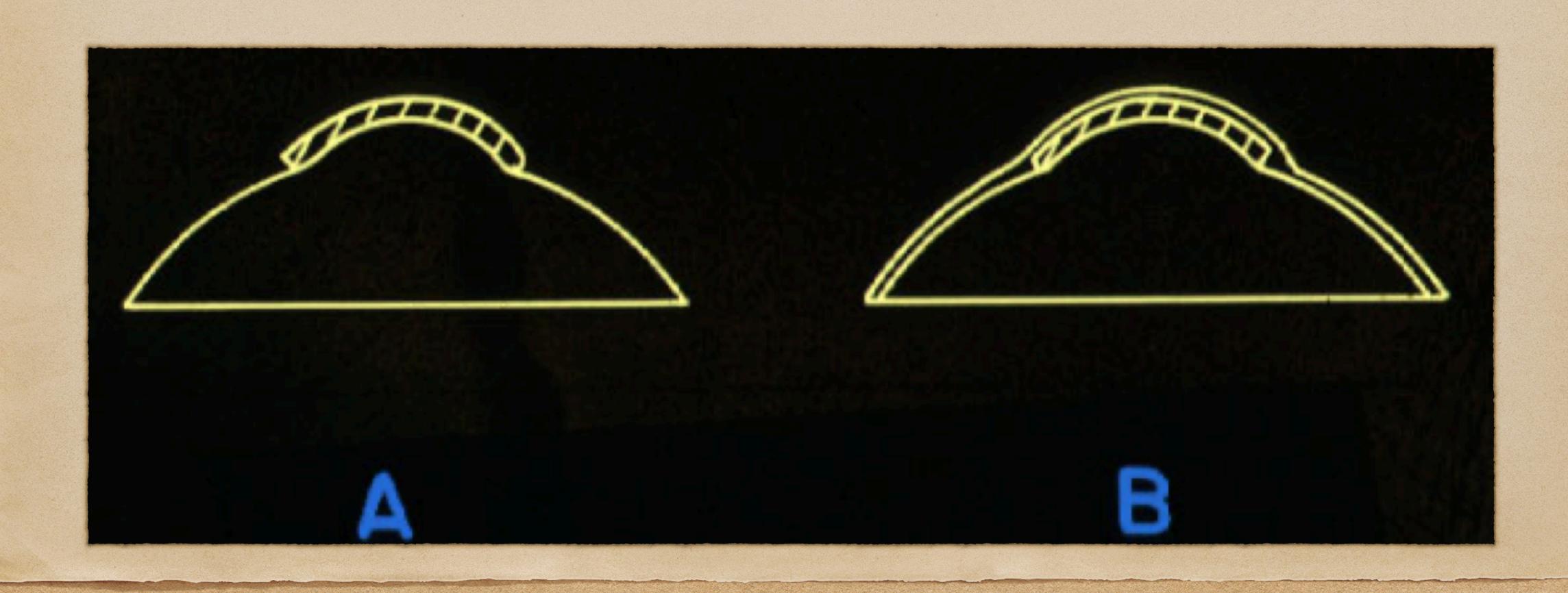
Fluorescein strips are used to allow tear flow around microphthalmic cornea tolerance of shell.

Need clearance over whole cornea and limbus.



Final lens must have clearance over the cornea and limbus.

If the scleral cosmetic lens rests on cornea or limbus it will be uncomfortable.











Some centres will remove a non-seeing eye, and use a dermis fat graft/ball implant at an early stage.

Our preference, however, is to preserve the microphthalmic eye even if there is no visual potential.

The advantages of this approach are that the microphthalmic eye is likely to provide some stimulus to palpebral aperture and socket growth.

Especially where the microphthalmia is only mild or where there is an associated orbital cyst and it avoids the need for early invasive surgery with all its accompanying risks.

Clear moulded shapes could be fitted in front

of the

Microphthalmic eyes

## Child with clear moulded shape and finally with prosthesis.

